

# This Week @ Your Library

Jan 23-29, 2021

- connect
- explore
- grow



**catawba county**  
library system

828.465.8664



[www.catawbacountync.gov/library](http://www.catawbacountync.gov/library)

**Online**  
828.465.8665

## Virtual STRONG Fitness with Honey & Jossiah

*Saturday, January 23 at 9 am*

Get in shape with this class's high-intensity interval training, which relies on body weight, muscle conditioning, and cardio and plyometric moves. Every squat, lunge, and burpee is driven by original music to help you burn calories



while toning arms, legs, abs, and glutes! Access the session with this Zoom link: <https://us02web.zoom.us/j/723012922?pwd=Umh5bTdaSkdWekxXMVV4N1ZBQVRsQT09>. Then enter this meeting ID: **723 012 922** and follow it with this passcode: **STRONG**. [Please note that this word is case-sensitive. Enter it exactly as shown.] You can also visit [www.facebook.com/ZumbaWithHmongSibs/](http://www.facebook.com/ZumbaWithHmongSibs/). Meets every Saturday.

## Souper New Year! Zoom Demo

*Monday, January 25 at 12 noon*

Join us online to talk about the soup recipe shared in this month's take-home kit (available through January 20). We'll explore variations in the shared recipes and demo how to put the jar together so that you can have an easy meal measured and ready, perfect for a chilly weeknight dinner. Register for the Zoom link at <https://tinyurl.com/ccls-souper-reg>. If you didn't reserve a kit in advance and would like to participate, register now to receive our soup recipes brochure.

## Hoopla Music & Movies

*Monday, January 25 at 6 pm*

Did you know you can borrow music and movies from Hoopla? Join us to learn how to access Hoopla's digital resources with your library card and discover all the great items you can borrow. We'll cover how to create an account, how to borrow items, how to access items, and how to get help. Register at <https://tinyurl.com/cclsmeethoopla>. You'll receive a Zoom link to attend the virtual program on the morning of January 25.



## Virtual Zumba with Honey & Jossiah

*Monday, January 25 at 6 pm*

This fun dance workout is appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Access the session with this Zoom link: <https://us02web.zoom.us/j/87120563944?pwd=S09kaEVkd0dydm1VYW14WnVUZG9sUT09>. Then enter the meeting ID: **871 2056 3944** and follow it with the passcode: **Dance**. [Please note that this word is case-sensitive. Enter it exactly as shown.] You can also visit [www.facebook.com/ZumbaWithHmongSibs/](http://www.facebook.com/ZumbaWithHmongSibs/). Meets every Monday.

## Tech Talk Tuesday

*Tuesday, January 26 at 2 pm*

Join us to discuss technology questions submitted by you! If you'd like a librarian to answer a tech question or you're interested in learning more about technology, we'll be hosting a monthly series. To register and submit your questions, visit <https://tinyurl.com/cclstechtalk> by the Tuesday prior to our Tech Talk. We'll send a Zoom link out the day before the program.

## Fresh Start Money & Credit Workshop

*Tuesday, January 26 at 5:30 pm*

Operation Hope financial wellness coach Rita Purvis will join us to help you learn how to interpret your credit

report, establish or improve your credit score, and correct errors that may negatively affect your credit score. Broad money management principles will also be covered to help you get 2021 started on a sound footing. Register at <https://tinyurl.com/ccls-moneyworkshop>.

## ESL Class – Intermediate

*Tuesday, January 26 at 6 pm*

Practice speaking English with us on Tuesday evenings! We'll spend the first 20 minutes or so on grammar and then start our conversations. If you'd like to register for class or get more information about the weekly series that runs through May 2021, please call the Newton branch at 828.465.8664.



## Live Preschool Storytime via Zoom

*Thursday, January 28 at 10 am*

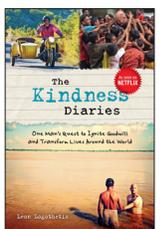
Gather the kids and join us for a live, interactive preschool storytime! This family-friendly virtual event will include singing, reading, finger plays, and lots of your favorite activities! Our theme this week is "All About Me." Please register at <https://tinyurl.com/CatawbaThursdayStorytime>. You'll receive the registration confirmation and Zoom link in your email.



## Piece of Cake Book Club

*Thursday, January 28 at 4 pm*

PoCBC is back from hiatus! Meeting on Zoom on the last Thursday of the month, we'll talk about *The Kindness Diaries* by Leon Logothetis in January. You can also get a head start on reading February's pick: *Such a Fun Age* by Kiley Reid. Register at <https://tinyurl.com/ccls-pieceofcake> to receive the Zoom link.



**Virtual Zumba with Honey & Jossiah**

Thursday, January 28 at 5:30 pm

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ability level and open to anyone 14+ (parental signature required for teens under 18). Access the session with this Zoom link:

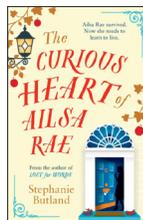


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**Upcoming! Hearts & Minds OLBC**

Thursday, February 18 at 5:30 pm

This OnLine BookClub has a focus on health and wellness. We'll meet on Zoom to discuss Stephanie Butland's *The Curious Heart of Ailsa Rae*. Make yourself a cup of tea or coffee and settle in with the rest of us to talk about this novel and its themes of life, loss, love, and living. Send an email to [share@catawbacountync.gov](mailto:share@catawbacountync.gov) to receive the Zoom invitation.

**Community**

828.465.8665

**SUFFRAGE: Hickory Museum of Art**Through January 24 - **last weekend!**

This special exhibit celebrates the 100th anniversary of the ratification of the 19th Amendment. Six regional artists are displaying artwork that responds to themes associated with the women's suffrage movement, and a special series of panels created by CVCC graphic design students traces the movement's milestones. Also shown is an installation called *The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks feature civic-minded call-to-action phrases. Collaborators involved in the exhibit include the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.

**Virtual Tai Chi**

Wednesday, January 27 at 12 noon

Join our lunchtime tai chi class, led by Cooperative Extension director Dr. George Place. This short virtual session is designed to help people relax in their homes or offices during a quick 30 minutes. It also helps promote balance and alleviate the effects of arthritis. To get the Zoom code, check [www.facebook.com/catawbacountylibrarysystem](http://www.facebook.com/catawbacountylibrarysystem) the day of the class.

**PROGRAM REGISTRATION**

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!

**REGISTER KIDS NOW!**

Our *Spring Into Reading* challenge runs seven weeks, beginning on Groundhog Day (February 2) and ending on the first day of spring (March 20). The challenge has two parts:

- 1) Kids are asked to read a total of 120 minutes each of the 7 weeks.
- 2) They're encouraged to attend 5 of the 7 virtual STEAM programs we're offering as well.

If they complete the reading challenges and the STEAM program requirements, they'll be entered into a drawing to win a cool, 3-D-printed monster!

To register for the virtual STEAM programs, visit <https://tinyurl.com/SpringIntoReading>. To log reading time each week, register at <https://catawbacountync.beanstack.org/reader365>.

Materials for the STEAM challenges will be available separately as kits for the February programs and for the March programs. Kits will be sent to your branch of choice within 3-4 business days following registration. Supplies are limited, but many of the materials included in both kits are basic household items that you may already have on hand.

The STEAM challenges are as follows:

- Week 1: Shadow Puppets
- Week 2: Borax Crystal Snowflakes
- Week 3: Ski Challenge
- Week 4: Save Han Solo
- Week 5: Bug Out Robots
- Week 6: Origami Rainbow Flowers
- Week 7: Pi Day

For more details, call 828.465.8665 or visit [www.catawbacountync.gov/library](http://www.catawbacountync.gov/library).

