

# This Week @ Your Library

Jan 2-8, 2021



**catawba county**  
library system

828.465.8664



[www.catawbacountync.gov/library](http://www.catawbacountync.gov/library)

**Online**  
828.465.8665

enter this meeting ID: **723 012 922** and follow it with this passcode: **STRONG**. [Please note that this word is case-sensitive. Enter it exactly as shown.] You can also visit [www.facebook.com/ZumbaWithHmongSibs/](https://www.facebook.com/ZumbaWithHmongSibs/). Meets every Saturday.

### Taller de imagen estratégica I

Lunes 4 de enero a las 6 pm

Aprende a crear una imagen más segura y las estrategias para proyectarla. Presentado en español por la Asesora de Imagen Pública, Verónica Arrocho. Para más información de como obtener el enlace para participar contacte a Soraya at [splace@catawbacountync.gov](mailto:splace@catawbacountync.gov). Lugar: Zoom.

### Virtual Zumba with Honey & Jossiah

Monday, January 4 at 6 pm

This fun dance workout is appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Access the session with this Zoom link: <https://us02web.zoom.us/j/87120563944?pwd=S09kaEVkd0dydm1VYW14WnVUZG9sUT09>. Then enter the meeting ID: **871 2056 3944** and follow it with the passcode: **Dance**. [Please note that this word is case-sensitive. Enter it exactly as shown.] You can also visit [www.facebook.com/ZumbaWithHmongSibs/](https://www.facebook.com/ZumbaWithHmongSibs/). Meets every Monday.

### LIVE Library to Go in Catawba

Thursday, January 7 from 10 am-2 pm

The Library to Go will be visiting the Town of Catawba on the 1st and 3rd Thursdays of each month at Redeemer Lutheran Church (200 South Main St). To ensure safety, we're asking visitors to make their stops brief, to sanitize their hands as they come in, and to wear a mask while in the building. We'll be taking temperatures at the door and will have extra masks and hand sanitizer for everyone to use.



### Live Preschool Storytime via Zoom

Thursday, January 7 at 10 am

Gather the kids and join us for a live, interactive preschool storytime! This family-friendly virtual event will include singing, reading, finger plays, and lots of your favorite activities! Please register at <https://tinyurl.com/CatawbaThursdayStorytime>. You'll receive the registration confirmation and Zoom link in your email.



### Virtual Zumba with Honey & Jossiah

Thursday, January 7 at 5:30 pm

This fun dance workout is appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Access the session with this Zoom link: <https://us02web.zoom.us/j/87120563944?pwd=S09kaEVkd0dydm1VYW14WnVUZG9sUT09>. Then enter the meeting ID: **871 2056 3944** and follow it with the passcode: **Dance**. [Please note that this word is case-sensitive. Enter it exactly as shown.] You can also visit [www.facebook.com/ZumbaWithHmongSibs/](https://www.facebook.com/ZumbaWithHmongSibs/). Meets every Thursday.



### Souper New Year!

Early January

It's often said that January brings soup weather. Truly, is there anything so restorative to body and soul than a nice, hot bowl of soup on a cold winter's day? Reserve one of our soup jar kits while supplies last – then join us on Zoom to talk about variations to the recipe and how to put the jars together so you can have an easy dinner handy, right on your shelf. Register to receive a kit and/or the Zoom invitation for our discussion and demo at <https://tinyurl.com/ccls-souper-reg>. Limit of one soup jar kit per household. Please allow 4 business days for the kit to arrive at the branch of your choice.



### Virtual STRONG Fitness with Honey & Jossiah

Saturday, January 2 at 9 am

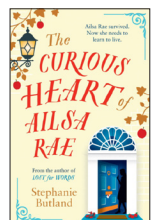
Get in shape with this class's high-intensity interval training, which relies on body weight, muscle conditioning, and cardio and plyometric moves. Every squat, lunge, and burpee is driven by original music to help you burn calories while toning arms, legs, abs, and glutes! Access the session with this Zoom link: <https://us02web.zoom.us/j/723012922?pwd=Umh5bTdaSkdWekxXMVV4N1ZBQVRsQT09>. Then



### Upcoming! Hearts & Minds OLBC

Thursday, February 18 at 5:30 pm

This OnLine BookClub has a focus on health and wellness. We'll meet on Zoom to discuss Stephanie Butland's *The Curious Heart of Ailsa Rae*. Make yourself a cup of tea or coffee and settle in with the rest of us to talk about this novel and its themes of life, loss, love, and living. Send an email to [share@catawbacountync.gov](mailto:share@catawbacountync.gov) to receive the Zoom invitation.



## Community

828.465.8665

### Virtual Tai Chi

Wednesday, January 6 at 12 noon

Join our lunchtime tai chi class, led by Cooperative

Extension director Dr. George Place.



This short virtual session is designed to help people relax in their offices or home environments during a quick 30 minutes. It also helps promote balance and alleviate the effects of arthritis. To get the Zoom code, check [www.facebook.com/catawbacountylibrarysystem](http://www.facebook.com/catawbacountylibrarysystem) the day of the class.

### SUFFRAGE: Hickory Museum of Art

Through January 24, 2021

This exhibit celebrates the 100th anniversary of the ratification of the 19th Amendment. Six regional artists display artwork that responds to

themes associated with the women's suffrage movement, and a special series of panels created by CVCC graphic design students traces the movement's milestones. Also



shown is an installation called *The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks feature civic-minded call-to-action phrases. Collaborators include the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.



### PROGRAM REGISTRATION

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!