

# This Week @ Your Library

Nov 28-Dec 4, 2020

- connect
- explore
- grow



**catawba county**  
library system

828.465.8664



[www.catawbacountync.gov/library](http://www.catawbacountync.gov/library)

**Online**  
828.465.8665

## Lemon Sugar Scrub Jar Kit DIY

November 1-30  
Lower humidity may dry out our skin, so this month, we've got you covered for skin care with a DIY kit using natural ingredients found in most households. To participate, send an email to [share@catawbacountync.gov](mailto:share@catawbacountync.gov), including your name and the library location where you'd like to pick up your kit.

## LIVE Zumba with Honey & Jossiah

*Mondays at 6 pm*  
This fun dance and movement class is appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Classes are held outdoors in the lower parking lot of the Newton Library, weather permitting.



## Virtual Zumba with Honey & Jossiah

*Thursdays at 5:30 pm*  
This online class is appropriate for every skill and ability level and has the added convenience of being done from your own home! Use this Zoom link (<https://zoom.us/j/189229946>) or locate it at [www.facebook.com/ZumbaWithHmongSibs/](http://www.facebook.com/ZumbaWithHmongSibs/).

## Virtual STRONG Fitness with Honey & Jossiah

*Saturdays at 9 am*  
This high-intensity interval training class gets you in shape using your

body weight, muscle conditioning, and cardio and plyometric training moves. Every squat, lunge, and burpee is driven by original music. You'll burn calories while toning arms, legs, abs, and glutes! Use this Zoom link (<https://zoom.us/j/723012922>) or locate it at [www.facebook.com/ZumbaWithHmongSibs/](http://www.facebook.com/ZumbaWithHmongSibs/).

## Lemon Sugar Scrub – Zoom Session

*Monday, November 30 at 12 noon*  
If you picked up a Lemon Sugar Scrub DIY Kit or just want to see a demo to make your own, join us for this Zoom session as we demonstrate how to put a kit together and talk about other easy scrub options – great for yourself or as a homemade gift. To register, send your name to [share@catawbacountync.gov](mailto:share@catawbacountync.gov) with the subject line, 'Sugar Scrub Zoom.'



## Virtual ESL Classes

*Monday, November 30 from 5:30-6:30 pm (beginners) and 6:30-7:30 pm (intermediate)*  
ESL classes are terrific resources for people whose native language is not English. Through online instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. To check availability and learn more, call 828.465.8665.

## First Chapter Tuesdays

*Tuesday, December 1 at 6:30 pm*  
At this book club for teens, we'll read the first chapter of a young adult book and have a discussion to introduce new authors, different genres, and books in general. Takes place every first and third Tuesday. For December 1, the book is *A Soldier and a Liar* by Caitlin Lochner. In a world on the brink of war, four superpowered teens must learn to work together for peace. Register at <https://tinyurl.com/FCTSoldier> or email [tquintos@catawbacountync.gov](mailto:tquintos@catawbacountync.gov).

## Live Preschool Storytime via Zoom

*Thursday, December 3 at 10 am*  
Gather the kids and join us for a live, interactive preschool storytime! This family-friendly virtual event will include singing, reading, finger plays, and lots of your favorite activities! Please register at <https://tinyurl.com/CatawbaThursdayStorytime>. You'll receive the registration confirmation and Zoom link in your email.

**Community**  
828.465.8665

## Downtown Newton's Literacy Walk

*November 1-December 31*  
This self-directed, progressive book walk invites you to engage with the kids as you make your way around Courthouse Square. Start your journey at Two Pink Magnolias (211 N College Ave) and travel through town reading a special Christmas book! Enjoy the local businesses as you explore each page of the story. A different book will be highlighted each month. For details, go to [www.downtownnewton.org/downtownevents](http://www.downtownnewton.org/downtownevents).



## SUFFRAGE Exhibit: Hickory Museum of Art

*October 31-January 24, 2021*  
Stop by the Coe Gallery to view a new exhibit celebrating the 100th anniversary of the ratification of the 19th Amendment. Six regional artists will display artwork that responds to themes associated with the women's suffrage movement, and a special series of panels created by CVCC graphic design students will trace the movement's milestones. Also featured is an installation called



*The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks have been stitched with civic-minded call-to-action phrases. The exhibit was created with the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.

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### **PROGRAM REGISTRATION**

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!