

# This Week @ Your Library

Nov 1-7, 2020

- connect
- explore
- grow



**catawba county**  
library system

828.465.8664



[www.catawbacountync.gov/library](http://www.catawbacountync.gov/library)

**Online**  
828.465.8665

## Lemon Sugar Scrub Jar Kit DIY

November 1-30

Lower humidity may dry out our skin, but there's always a way to restore it to a nice, healthy glow! This month, we've got you covered for skin care with a DIY kit using natural ingredients found in most households. To participate, send an email to [share@catawbacountync.gov](mailto:share@catawbacountync.gov), including your name and the library location where you'd like to pick up your kit.



## LIVE Zumba with Honey & Jossiah

Mondays at 6 pm

Kick off your week with this dance and movement class that's too much fun to call exercise! It's appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Class is held outdoors on the College Avenue side of Courthouse Square in downtown Newton, weather permitting.

## Virtual Zumba with Honey & Jossiah

Thursdays at 5:30 pm

Keep your momentum going with this online Zumba dance party! It's appropriate for every skill and ability level and has the added convenience of being done from your own home! Use this Zoom link (<https://zoom.us/j/189229946>) or locate it at [www.facebook.com/ZumbaWithHmongSibs/](http://www.facebook.com/ZumbaWithHmongSibs/).

## Virtual STRONG Fitness with Honey & Jossiah

Saturdays at 9 am

This high-intensity interval training class gets you in shape using your body weight, muscle conditioning, and cardio and plyometric training moves. Every squat, lunge, and burpee is driven by original music. You'll burn calories while toning arms, legs, abs, and glutes! Use this Zoom link (<https://zoom.us/j/723012922>) or locate it at [www.facebook.com/ZumbaWithHmongSibs/](http://www.facebook.com/ZumbaWithHmongSibs/).

## Preschool Storytime via Zoom

Thursday, November 5 at 10 am

Gather the kids and join us for a live, interactive preschool storytime! This family-friendly virtual event will include singing, reading, finger plays, and lots of your favorite activities! Please register at <https://tinyurl.com/CatawbaThursdayStorytime>. You'll receive an email with the registration confirmation and Zoom link.

## Community

828.465.8665

## Downtown Newton's Literacy Walk

November 1-December 31

This self-directed, progressive book walk invites you to engage with the kids as you make your way around Courthouse Square. Start your journey at Two Pink Magnolias (211 N College Ave) and travel through town reading a special Christmas book! Take a moment to enjoy the local businesses as you explore each page of the story. A different book will be highlighted each month. For details, go to [www.downtownnewton.org/downtownevents](http://www.downtownnewton.org/downtownevents).



## Downtown Newton's Christmas Crawl

November 6-14

This nine-day, open-house event gives people the opportunity to see what

well-known businesses are offering during the holiday season. Shops, restaurants, salons, bars, and more will be showing off their merchandise, and there may be complimentary gifts! Stop by the library and let us know you're doing the Christmas Crawl to claim your own swag.

## SUFFRAGE Exhibit: Hickory Museum of Art

October 31-January 24, 2021

Stop by the Coe Gallery to view a new exhibit celebrating the 100th anniversary of the ratification of the 19th Amendment. Six regional artists will display artwork that responds to themes associated with the women's suffrage movement, and a special series of panels created by Catawba Valley Community College graphic design students will trace the movement's milestones. Also featured is an installation called *The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks have been stitched with civic-minded call-to-action phrases. The SUFFRAGE exhibit was created in conjunction with the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.



## PROGRAM REGISTRATION

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!