

# Camping Checklist



**\*This is a suggested checklist; if you are camping at home/in your backyard you do not have to have every item listed. Remember to stay safe and only use certain equipment under adult supervision. Have fun and be creative! \***

## Campsite Equipment

- Air Mattress/Air Pump
- Axe/Maul/Shovel/Hammer
- Blanket/Sheet
- Bottled Water/Can Drinks/Juice Boxes
- Broom and Dust Pan
- Bunge Cords/Nylon Cord/Rope
- Door Mat
- Duct Tape
- Extension cord/Outlet Strip
- Fire Extinguisher
- Firewood and Fire Starters
- First Aid Kit/Supplies/Medical Supplies
- Folding Chair/Folding Table
- Ground Cloth/Tarp
- Insect Repellent and Itch Stick
- Knife
- Lanterns / Fuel
- Repair Kits for Tent and Air Mattress
- Sleeping Blankets/Pillows
- Tent, Stakes and Poles
- Tool Bag/Work Gloves
- Utility Bags for Storage
- Water Filter/Purification/Treatment

## Cooking Equipment

- Camp Stove and Folding Stand
- Campfire Grill/BBQ Grill
- Can Opener/Bottle Opener
- Coffee Pot
- Cooking Oil / Spray
- Cooking Utensils /Tongs / Knives
- Cutting Board/Mixing Bowl
- Dish Soap/Scouring Pads
- Dutch Oven
- Garbage Bags
- Griddle/Pan/Pots
- Heavy Duty Aluminum Foil
- Ice Chest / Coolers
- Matches/Lighters
- Mugs/Thermos
- Paper Towel
- Pie Irons
- Potholders/Oven Mitts
- Propane cans/Charcoal
- Resealable Storage Bags
- Seasoning/Condiments/Sugar/Salt/Pepper/Creamer
- Silverware/plastic Silverware/Cups/Plates
- Skewers/Grill Forks

# Camping Checklist



## **In My Back Pack / Camper Equipment**

- Area Maps / Fishing/Hunting Licenses /ID /Wallet
- Backpack
- Binoculars
- Bug Repellent/Sunscreen
- Camera with Extra Batteries
- Canteen/Personal Water Bottle
- Cell Phone Charger / Back up Battery
- Compass/GPS/Guide Books /Map
- Fanny Pack
- First Aid Supplies
- Flashlight with Extra Batteries and Bulbs
- Prescription Medicine
- Sunglasses
- Swish Army Knife / Pocket Knife
- Telescope and Star Charts
- Walkie Talkie /Two-Way Radio

## **Food Items**

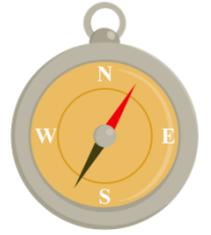
- Bacon/Sausage
- Beans/Dips/Humus/Salsa
- Cheese/Eggs
- Chicken/Hamburger/Steak/Pork
- Graham Crackers, Marshmallows, Chocolate Bar
- Granola/Trail Mix
- Hot Dogs/Brat/Buns
- Orange Juice/Milk
- Pancake Mix/Syrup
- Potatoes/Onions/Peppers/Jalapenos
- Snacks (Cheese, Chips, Crackers, Gogurt, Nuts)

## **Personal Hygiene Items**

- Baby Diapers/Wipes
- Body Soap/Body Wash
- Brush/Comb
- Camping Shower/Shower Pump
- Deodorant
- Feminine Products
- Flip Flops/Shower Shoes
- Hand Soap/Sanitizer
- Lip Balm/Sun Screen
- Lotion
- Razors/Shaving Cream
- Shampoo/Conditioner/Hair products
- Shower Bag/5 Gallon bucket
- Toilet Paper/Personal Wipes
- Toothbrush/Toothpaste
- Wash Cloths and Towels

## **Clothing**

- Hat/Helmet
- Jeans/Shorts/Belts
- Landry Bag
- Rain Gear /Umbrella
- Shoes/Boots
- Sleeping Clothes
- Socks
- Sweater/Jacket
- Swim Suit/Bathing Suit
- T-Shirts/Long Sleeves T-Shirt
- Underwear/Thermal Clothing



## Camping Crafts and Activities of Kids

Summertime is a great time to go camping with the kids! If you do not have an opportunity to visit a real campground, creating an environment to explore camping activities (whether indoors or outside) can be fun for kids. The Wikki Stix camping activities below will offer your children hours of play and learning!

**Activity # 1—Wikki Stix Camping Scavenger Hunt** – Take the children on a nature walk (or a walk at the campground) to see if they can locate any of the items listed below. When the children return home, set out an assorted colors of Wikki Stix (pipe cleaner sticks) and ask the children to create some of the items they found on the walk. I can find:

a Tree	a Bird	Clouds	the Sun
a Rock	a Leaf	Water	a Tent
a Boat	a Fishing Pole	Firewood	Food
People	a Chair	a Sleeping Bag	a Campfire



## Camping Crafts and Activities of Kids

### Activity # 2 – 5 Little Campfire Flames Stix Puppets and Chant for Kids

Materials to make the stick puppets: Brown, yellow, red, blue and orange Wikki Stix and 5 wood craft sticks per child.



Have the children use the Brown Wikki Stix to make pretend campfire logs. The brown, yellow, red, blue and orange Wikki Stix can be used to make the flames. In all, each child should make 5 Wikki Stix campfire stick puppets with the corresponding number of flames (see photo above.) Next practice the 5 Little Flames Chant with the children. Then have the children hold up the corresponding numbered Wikki Stix puppets as the numbers are introduced in the chant.

### 5 Little Flames (Chant to accompany Wikki Stix created Stick Puppets)

***5 Little Flames in the campfire burning bright, The 1st one said, "Let's help make supper tonight!"***

***The 2nd one said, "I'm ready for hot dog roasting!"***

***The 3rd one said, "I'll do the marshmallow toasting!"***

***The 4th one said, "Campfires are so FUN!" The 5th one said, "Don't forget the hot dog buns!"***

***Then the 5 Little Flames flickered softly late that night.***

***Goodnight little campfire...you were such a beautiful sight!***





### Activity # 3— Wikki Stix Campfire Craft

Materials needed: Brown, Red, Orange, Blue and Yellow Wikki Stix and any color of construction paper. Set the assorted colors of Wikki Stix out on the table or tray to invite the children to craft and play. If desired, pre-make one campfire for the children to help inspire their own creativity. The campfire crafts make great summertime displays at home, at camp, in childcare, in the class room.



### Activity # 4—Wikki Stix Practical Life Skills

The following practical life activity will help children gain important skills and allow them to follow 5 simple step directions. Materials needed for the activity: a zippered cooler (to practice zipping and unzipping), an ice pack or ice, assorted Wikki Stix for creating various foods, a water bottle. Prior to doing the activity, brainstorm foods the children might like to take on a camping trip. Set out assorted Wikki Stix for the children to make any food desired. Go over the 5 steps several times, post the 5 steps as a visual aid for the children. Set all the necessary items out on the table or the floor then let the children practice packing and unpacking the cooler. This activity is a fun way to encourage the children to follow short directions and enhance life skills.

Following Directions – 5 Steps to pack a cooler:



1. Unzip the cooler and open the lid.



2. Put the food in the bottom of the cooler



3. Place the water bottle in the cooler.



4. Put the ice or ice pack in the cooler.



5. Close the lid and zip the cooler.





### **Activity # 5— Camping Songs**

A camp out (real or pretend) wouldn't be complete without singing some camp songs. Here is a small list of traditional camp songs that children enjoy.

“Going on a Bear Hunt”

“Bingo”

“Boom Chicka Boom”

“Oh Princess Pat”

“Kookaburra”

“Alice the Camel”

“The Song that Never Ends”

“Bringing Home a Baby Bumblebee”

“Down by the Bay”

“Ants go Marching”

“Camp Granada”

“Found a Peanut”

“Kumbaya”

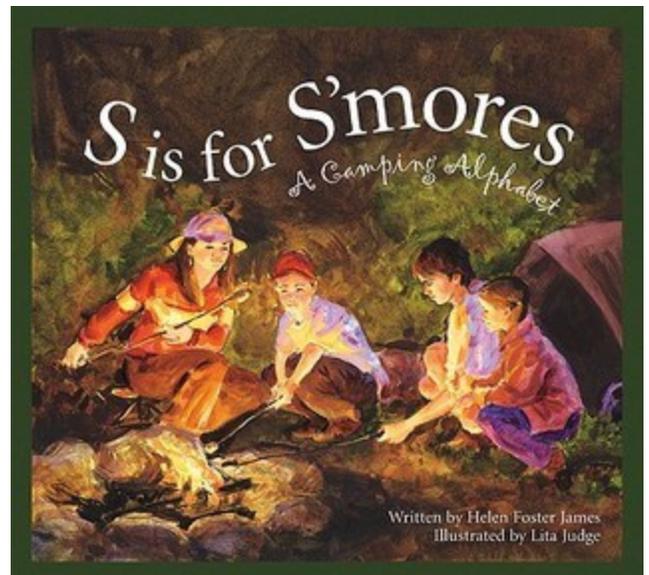
“Michael Finnigan”



### **Activity # 6 Camping Books**

10 Camping Books that Young Children Enjoy!

1. P.J. Funny Bunny Camps Out by Marilyn Sadler
2. OLIVIA Goes Camping by Alex Harvey
3. Mickey’s Camp Out by Disney Storybook Artists
4. S Is for S’mores: A Camping Alphabet by Helen Foster James
5. Kids Camp !: Activities for the Backyard or Wilderness by Laurie Carlson
6. When We Go Camping by Margriet Ruurs and Andrew Kiss
7. Cooking On a Stick: Campfire Recipes for Kids by Linda White
8. Kid Sing! Campfire Songs! 33 All-Time Best Camp Songs by Thomas Nelson
9. My Camp-Out by Marica Leonard
10. Camping by Tim Seeberg





# CAMPFIRE SING A-LONGS

Kick off the evening with some campfire songs for the kids. This popular selection can be noisy and fun, and a good choice to tire the little ones out (even more) before bed. They are also pretty easy to pick up quickly if the kids aren't familiar with them.

## 1." The Wheels on The Bus"

The wheels on the bus go round and round. Round and round. Round and round.  
The wheels on the bus go round and round. Round and round.

The door on the bus goes open and shut. Open and shut. Open and shut.  
The door on the bus goes open and shut. Open and shut.

The wipers on the bus go swish swish swish. Swish swish swish. Swish swish swish.  
The wipers on the bus go swish swish swish. Swish swish swish.

The horn on the bus goes beep beep beep. Beep beep beep. Beep beep beep.  
The horn on the bus goes beep beep beep. Beep beep beep.

The people on the bus go up and down. Up and down. Up and down.  
The people on the bus go up and down. Up and down.

The babies on the bus go, "Wah wah wah. Wah wah wah. Wah wah wah."  
The babies on the bus go, "Wah wah wah. Wah wah wah."

The mommies on the bus go, "Shhh shhh shhh. Shhh shhh shhh. Shhh shhh shhh."  
The daddies on the bus go, "Shhh shhh shhh. Shhh shhh shhh."

## **2. MOLLY HAD A BIG RED TENT” TO THE TUNE OF “MARY HAD A LITTLE LAMB”**

Molly had a big red tent  
Big red tent, big red tent  
Molly had a big red tent  
It's strong and watertight

Everywhere that Molly camped  
Molly camped, Molly camped  
Everywhere that Molly camped  
The tent was pitched just right

She set it up at camp one day,  
Camp one day, camp one day  
She set it up at camp one day  
Which made her very proud

It kept the campers warm and safe  
Warm and safe, warm and safe  
It kept the campers warm and safe  
And they slept so sound

## **3. “CAMPFIRE CAMPFIRE” TO THE TUNE OF “PAT A CAKE PAT A CAKE”**

Campfire campfire toast me a s'more  
Graham crackers chocolate but we need more  
Toast it and roast it get it just right

Put it on the cracker for toasted delight!

## **4. “CRACKLE CRACKLE LITTLE FIRE” TO THE TUNE OF “TWINKLE TWINKLE LITTLE STAR”**

Crackle crackle little fire, Here's more wood to build you higher  
Now keep us warm all through the night, Till the mornings new sun light  
Crackle crackle little fire, Here's more wood to build you higher

When the daylight is all done, And there is no more sun  
Then we'll help make you strong, Warm we'll be all night long

Crackle crackle little fire  
Here's more wood to build you higher

## 5. “CAMP GUIDE CAMP GUIDE” TO THE TUNE OF “BAA BAA BLACK SHEEP”

Camp guide camp guide have you any wood  
Yes sir yes sir three wagons full  
One for my fire and one for the stove  
One for the campsite down by the grove  
Camp guide camp guide have you any wood  
Yes sir yes sir three wagons full

These classic [Girl Scout](#) guides and [Boy Scout](#) songs will provide entertainment for everyone, and are especially nostalgic for past and present members of the Guide and Scout movements. Upbeat and fun, and surprisingly familiar even for non Guides and Scouts.

## 1. “Ging Gang Goolie”

“Ging gang goolie goolie goolie goolie watcha, Ging gang goo, ging gang goo.  
Ging gang goolie goolie goolie goolie watcha, Ging gang goo, ging gang goo.

Hayla, oh hayla shayla, oh hayla shayla, shayla, oh-ho,  
Hayla, oh hayla shayla, oh hayla shayla, shayla, oh.

Shally wally, shally wally, shally wally, shally wally,  
Oompah, oompah, oompah, oompah.

## 2. “Kookaburra”

Kookaburra sits in the old gum tree,  
Merry, merry king of the bush is he

Laugh, Kookaburra! Laugh, Kookaburra!  
Gay your life must be.

Kookaburra sits in the old gum tree  
Eating all the gum drops he can see

Stop, Kookaburra! Stop, Kookaburra!  
Leave some there for me.

Kookaburra sits in the old gum tree  
Counting all the monkeys he can see

Stop, Kookaburra! Stop, Kookaburra!  
That’s not a monkey that’s me.

### 3." My Bonnie Lies Over The Ocean"

**"My Bonnie lies over the ocean, My Bonnie lies over the sea"** My Bonnie lies over the ocean, my Bonnie lies over the sea, My Bonnie lies over the ocean, O bring back my Bonnie to me.

Chorus: Bring back, bring back, O bring back my Bonnie to me, to me: Bring back, bring back, O bring back my Bonnie to me. O blow ye winds over the ocean, O blow ye winds over the sea. O blow ye winds over the ocean, And bring back my Bonnie to me.

Repeat chorus Last night as I lay on my pillow, Last night as I lay on my bed, Last night as I lay on my pillow, I dreamed that my Bonnie was dead. Repeat chorus the winds have blown over the ocean, The winds have blown over the sea, The winds have blown over the ocean, And brought back my Bonnie to me. Repeat chorus My Bonnie leaned over the gas tank, the height of its contents to see, I lit a small match to assist her, O Bring back my Bonnie to me.

Repeat chorus Last night as I lay on my pillow, Last night as I lay on my bed, I stuck my feet out of the window, In the morning the neighbors were dead. Repeat chorus My mother makes beer in the bathtub, My father makes synthetic gin, My sister makes fudge for a quarter, Would ja believe how the money rolls in? Repeat chorus My mother, she drowned in the bathtub, My father, he died from his gin, My sister choked on her chocolate, My stars, what a fix I am in. Repeat chorus I tried making beer in the bathtub, I tried making synthetic gin, I tried making fudge for a living, Now look at the shape that I'm in.

### 4."The Meatball Song" *Sung to the tune of On Top Of Old Smoky*"

On top of spaghetti, all covered with cheese  
I lost my poor meatball when somebody sneezed

It rolled off the table, and onto the floor  
And then my poor meatball rolled out of the door

It rolled down the garden, and under a bush  
And then my poor meatball was nothing but mush

The mush was as tasty, as tasty could be  
And the very next summer it grew into a tree

The tree was all covered, all covered with moss  
And on it grew meatballs, all covered with sauce

So if you have spaghetti, all covered with cheese  
Hold onto your meatball, 'cause someone might sneeze.

## 6. “Oh When The Saints Go Marching In”

(This song can also be sung as a call-and-response)

Oh, when the saints (oh when the saints)  
go marching in (go marching in)

Oh, when the saints go marching in  
Oh, when the saints go marching in  
Lord, how I want to be in that number  
When the saints go marching in

Oh, when the trumpet sounds its call  
Oh, when the trumpet sounds its call  
Lord, how I want to be in that number  
When the trumpet sounds its call

Oh, when the new world is revealed  
Oh, when the new world is revealed  
Lord, how I want to be in that number,  
When the new world is revealed ,  
I want to be in that number,  
When the saints go marching in



## OUTDOOR SCAVENGER HUNTS

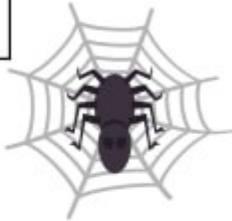
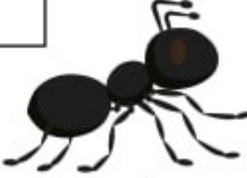
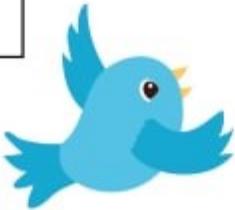
Draw Pictures of the Following Items You Saw Today !!!

Wildlife (Animal)	Tree	Pine Cones and Needles
Something Tiny	Clouds	Flowers
Something Green	Something Orange	Something Blue



## OUTDOOR SCAVENGER HUNTS

Check Off What You Found Today !!!

<input type="checkbox"/>  leaf	<input type="checkbox"/>  rock	<input type="checkbox"/>  flower	<input type="checkbox"/>  spider
<input type="checkbox"/>  squirrel	<input type="checkbox"/>  butterfly	<input type="checkbox"/>  twig	<input type="checkbox"/>  worm
<input type="checkbox"/>  snail	<input type="checkbox"/>  mushroom	<input type="checkbox"/>  ant	<input type="checkbox"/>  tree
<input type="checkbox"/>  bee	<input type="checkbox"/>  bird	<input type="checkbox"/>  tree stump	<input type="checkbox"/>  nest



# Nighttime Scavenger Hunt



<p>Find the Moon and Draw its Shape.</p>	<p>Do You Hear Any Sounds?</p> <ul style="list-style-type: none"> <li>◆ A Dog Barking</li> <li>◆ Owl Hooting</li> <li>◆ Cars</li> <li>◆ Animals Rustling in Trees</li> <li>◆ People Talking</li> <li>◆ Crickets Chirping</li> <li>◆ Animals Howling</li> </ul>	<p>What Types of Insects or Bugs do You See ?</p>												
<p>Look in the Sky at the Stars, Do You See a Constellation ?</p> <p>Draw it :</p>	<p>What Items 'glow' in the Dark at Night?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Street Signs</li> <li><input type="checkbox"/> Crosswalks</li> <li><input type="checkbox"/> Streetlights</li> <li><input type="checkbox"/> Any else _____</li> </ul>	<p>Draw a Lighting Bug</p>												
<p>Do You See Any Shadows ?</p> <p>What is Making a Shadow ?</p>	<p>Do You See Any Nocturnal Animals ? (awake at night time)</p> <table border="0"> <tr> <td><input type="checkbox"/> Owl</td> <td><input type="checkbox"/> Raccoon</td> </tr> <tr> <td><input type="checkbox"/> Bat</td> <td><input type="checkbox"/> Firefly</td> </tr> <tr> <td><input type="checkbox"/> Possum</td> <td><input type="checkbox"/> Skunk</td> </tr> <tr> <td><input type="checkbox"/> Toad</td> <td><input type="checkbox"/> Mouse</td> </tr> <tr> <td><input type="checkbox"/> Fox</td> <td><input type="checkbox"/> Deer</td> </tr> <tr> <td><input type="checkbox"/> Night Crawler</td> <td><input type="checkbox"/> Coyote</td> </tr> </table>		<input type="checkbox"/> Owl	<input type="checkbox"/> Raccoon	<input type="checkbox"/> Bat	<input type="checkbox"/> Firefly	<input type="checkbox"/> Possum	<input type="checkbox"/> Skunk	<input type="checkbox"/> Toad	<input type="checkbox"/> Mouse	<input type="checkbox"/> Fox	<input type="checkbox"/> Deer	<input type="checkbox"/> Night Crawler	<input type="checkbox"/> Coyote
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## Camping with Tin Foil Recipes

You've made it to your backyard camping ground! Time to relax and fix a quick dinner with pasta you've already prepped in the kitchen. Everyone can personalize their own pasta packet and make it themselves.

### **Whole Wheat Pasta Packets with Tomatoes**



Stir in any pasta sauce of your choice, salt, pepper, and olive oil with prepared pasta. Place a single serving of pasta in a foil packet with shredded parmesan cheese, basil and diced tomatoes. Heat packets directly over the fire until the pasta is warm and the cheese is melted, approximately 10 minutes.



Take campfire hot dogs to the next level with The Pioneer Woman's cheesy bacon, bun-free version. After slicing each sausage lengthwise and filling the slits with string cheese, wrap a slice of bacon around each hotdog and bunch it up in tinfoil. As the hotdog cooks above the campfire, the cheese will melt and the bacon will get crispy.



## Campfire Cones

Trade ice cream for a warm cone full of melted candy. Fill a waffle cone with chocolate chips, mini marshmallows, chopped nuts, berries and assorted candies, then wrap the cones in tinfoil. Heat over the campfire until the chocolate is melted, then unwrap your dessert and enjoy. You can even top the warm cone with ice cream or whipped cream, if you're feeling extra indulgent.

## Bittersweet Double Chocolate Coconut S'mores



12 marshmallows  
12 oz bittersweet chocolate, cut into 3-oz pieces  
whole chocolate graham crackers,  
 $\frac{1}{4}$  cup toasted coconut

### **DIRECTIONS**

Heat grill to high. Place marshmallows on skewers or sticks, 3 to a stick, and hold over the grates of the grill until golden brown on all sides and melted in the center. Place chocolate on 4 of the graham crackers. On each graham cracker, sprinkle 1 tablespoon of the coconut over the chocolate and then place 3 of the toasted marshmallows on the coconut. Place the remaining graham crackers on top of the marshmallows and wrap each s'more in foil. Place each s'more on the grill for 2 to 3 minutes. Remove from the grill and serve immediately.

# Tin Foil Fajitas



Create your own Tex-Mex flavourite. Make it Simple with Cheese or Pick your own protein Beef, Chicken, Fish or Veggie.

## Ingredients:

1 pound boneless beef sirloin steak, cut in thin strips, or chicken, fish or ground beef  
1 red pepper, thinly sliced lengthwise  
1 green pepper, thinly sliced lengthwise  
Yellow pepper, thinly sliced lengthwise  
1 yellow onion, peeled & thinly sliced  
1 package Fajita seasoning mix  
1/3 cup of water  
Flour or corn tortillas  
Toppings: shredded lettuce, tomatoes, guacamole, sour cream, picante sauce, or cheese

1. Mix the beef, veggies, water and seasoning in a bowl.
2. Lay out 4 large, 20 x 18-inch pieces of foil. Spray or brush generously with oil.
3. Divide the mixture between the 4 pieces of foil.
4. Fold the foil over the food and seal the edges. Don't make the packets too tight because you need room for the air to circulate.
5. Grill the foil packets for 18 minutes. Rotate twice during cooking and make sure that the packets are at least 6 inches from the heat. Cook the meat to your desired tenderness.
6. Carefully open packets and serve contents in tortillas with toppings of your choice. Yum!

# Campfire Quesadillas

Quesadillas can be made the same as fajitas depending on what filling you want. These quesadillas can easily be made using tinfoil. After cooking mushrooms, onions and bell peppers in tin foil on a hot coaled fire, create the quesadillas by placing tortillas down on large tinfoil squares, topping them with cheese and the sautéed vegetables or meat of your choice. Fold the tortilla half and seal the tinfoil packets for cooking.

## Cheese Quesadillas

1. To build the quesadillas, spread one side the tortillas with a little softened butter and place buttered-side down on individual heavy-duty foil squares. Top with a mixture of the Cheddar and Monterey Jack. Fold in half and seal into individual foil parcels. Cook on a hot campfire grill until warmed through and the cheese is melted, 3 to 5 minutes.

## Vegetable and Cheese Quesadillas

4 Tbsp butter, plus softened butter for buttering tortillas 1 (16-oz) box white mushrooms, sliced, 1 large onion, thinly sliced, 1 red bell pepper, sliced, Kosher salt and freshly ground black pepper, 8 burrito-size flour tortillas, 1 cup grated sharp Cheddar, 1 cup grated Monterey Jack, ¼ cup jarred jalapeno slice

# Burger 'n Fries Foil Packs



**INGREDIENTS** Cooking spray, for foil  
1 lb. ground beef, 1 tsp. Worcestershire sauce,  
1 tsp. garlic powder, kosher salt, ground black  
pepper, 1 lb. bag frozen fries, 4 slices cheddar  
cheese or cheese of choice, pickles, sliced  
tomatoes

1. Heat grill to medium-high and spray 4 sheets of aluminum foil with cooking spray. In a large bowl, combine ground beef, Worcestershire, and garlic powder and season with salt and pepper. Form into four patties. 2. Place each patty on a sheet of aluminum foil with frozen fries. Fold up foil packs. Grill 10 minutes, then open foil packs and top patties with cheddar.

Cover grill to let melt, 2 minutes. 3. Top burgers with pickles and tomatoes and drizzle with ketchup and mustard.

# Breakfast Foil Packs



## INGREDIENTS

6 large eggs, 1/2 c. milk, kosher Salt  
Freshly ground black pepper  
1 lb. refrigerated hash browns (thawed if frozen)  
1 c. chopped ham  
2 c. shredded Cheddar  
Butter, for foil  
Chopped fresh chives, for garnish

## DIRECTIONS

1. For mixing purposes only; In a large resealable plastic bag, crack eggs, add milk, and season with salt and pepper. Stir in hash browns, ham, and cheese.
2. Butter four squares of aluminum foil and divide mixture pouring out of plastic bag among foil. Discard plastic bag Fold foil tightly and seal.
3. Place packets over campfire or grill and cook until eggs are cooked and hash browns tender and crispy, about 10 minutes.
4. Garnish with chives and serve.



# Cinnamon Buns Foil Packs

## INGREDIENTS

4 large oranges, 1 can (8 count) Pillsbury Cinnamon Rolls, A knife, fork and spoon, tin foil, Extra napkins... they may leave Your hands sticky

## DIRECTIONS

1. Cut all of the oranges in half, and scoop out their insides with a spoon 2. Stuff a cinnamon bun inside of each hollowed-out half: save the inside of orange for freshly squeezed OJ 3. Wrap the orange & cinnamon buns individually with 2-3 layers of foil, and just set them in the fire for about 10-15 minutes. Remove from fire, add icing and enjoy!!