

# Community Resource Inventory



**catawba county**  
public health

## ACCESS TO HEALTH CARE

### CANCER RESOURCES AND SUPPORT

American Cancer Society, Road to Recovery

1-800-227-2345

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

Catawba Valley Health System, Community Cancer Resource Center

828-732-6054

<https://www.catawbavalleyhealth.org/Medical-Center/Services/Cancer.aspx>

Catawba Valley Health System, Health First Center

828-485-2300 x 6202

<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Health-First-Center.aspx>

Hearts of Hope Cancer Support Group

828-732-6054

<https://www.catawbavalleyhealth.org/Medical-Center/Patients-Visitors/After-You-Leave/Support-Groups.aspx>

Catawba County Wig Bank

828-326-2176

<http://www.conovernc.gov/vertical/Sites/%7BBAB0D760-E669-4331-9C22-9FB14833B6B9%7D/uploads/%7BB4104CFD-5475-4EA4-AC6A-41CD33AEF4CD%7D.PDF>

## DENTAL

Affordable Dentures & Implants

828-538-4633

<https://www.affordabledentures.com/office/conover/>

Catawba Family Dentistry (Kintegra)

828-695-5778

<https://gfhs.info/catawba-family-dentistry/>

Catawba Valley Community College, Dental Hygiene Clinic

828-624-5258

<http://www.cvcc.edu/Academic-Resources/Programs/Health-Services/Dental-Hygiene/index.cfm>

Insure Kids Now

Find a Dentist in North Carolina for NC Health Choice and NC Medicaid

<https://www.insurekidsnow.gov/coverage/nc/find-a-dentist/index.html>

## EMERGENCY MEDICINE

If you have an emergency, call 9-1-1

Catawba Valley Behavioral Health

Mobile Crisis Management

888-235-4673

<https://www.cvbh.org/mobile-crisis-management/>

Catawba Valley Medical Center

Emergency Department

828-326-3850

<https://www.catawbavalleyhealth.org/Medical-Center/Services/Emergency-Department.aspx>

Frye Regional Medical Center Emergency Department

828-315-3190

<https://www.fryemedctr.com/our-services/emergency>

Partners Behavioral Health

Management — Behavioral Health Crisis

1-888-235-4673

<https://www.partnersbhm.org/crisis-help/>

## FAMILY MEDICINE

Family Medicine — Finding Medicaid Primary Care Providers

North Carolina Department of Health and Human Services- Medicaid Primary Care Providers

<https://medicaid.ncdhhs.gov/find-a-doctor/medicaid-primary-care-providers>

Cannon Square Family Care

828-353-9944

<http://www.cannonsquarefc.com/>

Catawba Family Care

828-994-4544

<http://gfhs.info/catawba-family-care/>

Catawba Valley Medical Group — Multiple Locations

828-495-8226

<https://www.catawbavalleyhealth.org/Medical-Group/Primary-Care-Practices.aspx>

Crossroads Family Medical Care

704-276-9200

<https://www.catawbavalleyhealth.org/Medical-Center/Find-a-Provider/P/Bill-Jack-Parker-MD.aspx>

**FryeCare Family Physicians Network — Multiple Locations**  
**1-800-339-8758**  
<https://www.fryecarephysicians.com/our-practices>

**Greater Hickory Family Medicine**  
**828-431-4988**  
<https://www.catawbavalleyhealth.org/Medical-Center/Find-a-Provider/G/Daniel-N-Gill-MD.aspx>

**Hart Family Practice**  
**828-322-8484**  
<http://www.hartfamilypractice.com/>  
**Mountain View Family Practice**  
**828-294-3116**  
<http://mcintyremd.com/>

**Newton Family Physicians**  
**828-465-3928**  
<http://www.newtonfamilyphysicians.com/>

**Swisher Internal Medicine**  
**828-324-0100**  
<http://swisherinternalmedicine.com/>

**Unifour Family Practice**  
**828-294-4100**  
<https://www.unifourfamilypractice.com/>

**Wake Forest Baptist Health — Multiple Locations**  
**336-716-9353**  
<https://www.wakehealth.edu/Find-A-Provider>

### **HEALTH INSURANCE AND ADDITIONAL RESOURCES**

**Apollo Healthcare Cooperative**  
**828-256-1471**

**Catawba County Social Services — Adult Medicaid**  
**828-695-5692**  
<https://catawbacountync.gov/county-services/social-services/adult-services/adult-medicaid/>

**Catawba County Social Services — Family Medicaid**  
**828-695-5712**  
<https://catawbacountync.gov/county-services/social-services/family-support-services/family-medicaid>

**Catawba County Social Services — Home and Community-Based Services**  
**828-695-5600**  
<http://www.catawbacountync.gov/county-services/social-services/adult-services/home-community-based-services/>

### **HEARING**

**Best Value Hearing Care Center**  
**828-979-0655**  
<https://www.bestvaluehearing.com/>

**Bowles Hearing Care Services**  
**828-322-7025**  
<https://bowleshearing.com/>

**North Carolina Department of Health and Human Services — Regional Centers for the Deaf and the Hard of Hearing**  
**Voice: 1-800-999-8915**  
**Video Phone: 828-475-6606**  
**TTY: 1-800-205-9920**  
<https://www.ncdhhs.gov/assistance/hearing-loss/regional-centers-for-the-deaf-hard-of-hearing>

**Viewmont Audiology**  
**828-322-4327**  
<https://viewmontaudiology.com/>

### **HIV/AIDS SERVICES**

**AIDS Leadership Foothills Area Alliance (ALFA)**  
**828-322-1447**  
<https://www.alfainfo.org/>

### **HOSPITALS**

**Catawba Valley Medical Center**  
**828-326-3000**  
<https://www.catawbavalleyhealth.org/>

**Frye Regional Medical Center**  
**828-315-5000**  
<https://www.fryemedctr.com/>

### **LOW-COST OR FREE CLINICS**

**Catawba County Public Health**  
**828-695-5800 (Main Number)**  
<http://www.catawbacountync.gov/county-services/public-health/>  
 » **Adult Preventive Health Clinic (Family Planning, STD testing and treatment, and Breast and Cervical Cancer Control Program**  
 » **Immunization Clinic**  
 » **Women, Infants and Children (WIC)**

**Catawba Family Care (Kintegra)**  
**828-994-4544**  
<http://gfhs.info/catawba-family-care/>

**Family Healthcare Practice**  
**828-466-3000**  
**Greater Hickory Cooperative Christian Ministry**  
**828-327-0979**  
<https://www.ccmhickory.com/>

**St. Joseph’s Catholic Church Good Samaritan Clinic**  
828-465-2878  
<http://www.stjosephrcc.org/clinic.htm>

**OBSTETRICS/GYNECOLOGY**  
**A Woman’s View**  
828-345-0800  
<https://www.awomansview.com/>

**Catawba Valley Medical Center — Center for Women and Children**  
828-326-3000  
<https://www.catawbavalleyhealth.org/Medical-Center/Services/Women-and-Children.aspx>

**Catawba Women’s Center**  
828-322-4140  
<https://www.catawbawomenscenter.com/>

**FryeCare Women’s Services**  
828-328-2941  
<https://www.fryecarephysicians.com/our-practices/fryecare-womens-services>

**Pregnancy Care Center of Catawba Valley**  
828-322-4272  
<https://www.pcchickory.com/>

**PEDIATRICS**  
**Catawba Pediatric Associates**  
828-322-2550  
<https://catawbapediatrics.net/>

**The Child Health Center**  
828-322-4453  
<http://www.thechildhealthcenter.com/>

**Thrive Skilled Pediatric Care**  
828-322-2710  
<https://www.thrivespc.com/>

**Unifour Pediatrics**  
828-328-1118  
<http://www.unifourpeds.com/>

**North Carolina Department of Health and Human Services — Find a Doctor or Specialist accepting Medicaid**  
<https://medicaid.ncdhhs.gov/find-a-doctor/>

**PRESCRIPTION ASSISTANCE**  
**Greater Hickory Cooperative Christian Ministry**  
828-327-0979  
<https://www.ccmhickory.com/>

**Live Healthy Prescription Discount Program**  
1-877-321-2651  
<https://www.nacorx.org/>

**Medicine Assistance Tool**  
888-477-2669  
<https://mat.org/>

**NC Med Assist**  
1-866-331-1348  
[www.medassist.org](http://www.medassist.org)

**URGENT CARE**  
**Catawba Valley Urgent Care**  
828-326-2876  
<https://www.catawbavalleyhealth.org/Medical-Group/Urgent-Care.aspx>

**Fast Med Urgent Care — Hickory**  
828-404-3656  
<https://www.fastmed.com/urgent-care-centers/hickory-nc-walk-in-clinic/>

**Urgent Care of Mountain View (Hickory and Newton locations)**  
828-330-2103  
<https://www.urgentcareofmountainview.com/>

**FryeCare Urgent Care**  
828-267-0551  
<https://www.fryecarephysicians.com/our-practices/fryecare-urgent-care>

**VISION**  
**Dr. Michael R. Sigmon**  
828-322-2606

**Graystone Eye**  
888-626-2020  
<https://www.graystone-eye.com/>

**Maiden Eye Clinic**  
828-428-9175  
<https://www.nvc2020.com/>

**Mountain View Eye Center**  
828-294-1010  
<https://www.nvc2020.com/>

**Newton Vision Center**  
828-464-4136  
<https://www.nvc2020.com/>

**North Carolina Department of Health and Human Services — Social Workers for the Blind**  
828-695-5605  
<https://www.ncdhhs.gov/assistance/vision-loss/social-workers-blind>

**North Carolina Lions, Inc.**  
828-478-2135  
<https://nclionsinc.org/services-for-the-blind-and-visually-impaired/>

**VETERAN SERVICES**  
**Catawba County Veteran Services**  
828-485-8255  
<http://www.catawbacountync.gov/county-services/emergency-services/veterans-services/>

**Hickory VA (Veterans Affairs) Clinic**  
828-431-5600  
[https://www.va.gov/find-locations/facility/vha\\_637GC](https://www.va.gov/find-locations/facility/vha_637GC)

**Wounded Warriors Project**  
877-832-6997  
<https://www.woundedwarriorproject.org/>

## FAITH COMMUNITIES

**FaithHealth Catawba**  
828-485-2300 x6201  
<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/FaithHealth-Catawba.aspx>

## AGING POPULATION

**Adult Life**  
828-326-9120  
<https://www.adultlifeprograms.com/>

**Catawba County Council on Aging**  
828-328-2269  
<https://www.catawbacoa.org/>

**Catawba County Social Services- Adult Day Care/ Day Health**  
828-695-5609  
<http://www.catawbacountync.gov/county-services/social-services/adult-services/home-community-based-services/>

**Catawba County Social Services — Special Assistance In-home Care**  
828-695-5609  
<http://www.catawbacountync.gov/county-services/social-services/adult-services/home-community-based-services/>

**Catawba Valley Medical Center — Healthways SilverSneakers® Fitness Program for Aging Adults**  
828-326-3680  
<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Fitness-Plus/Specialized-Programming.aspx>

**PACE@Home**  
828-468-3980  
<https://www.pace-at-home.org/>

**Western Piedmont Council of Governments Area Agency on Aging**  
828-322-9191  
<http://www.wpcog.org/area-agency-on-aging>

**Western Piedmont Council of Governments Options Counseling for Long-Term Care**  
828-695-5609  
<http://www.wpcog.org/options-counseling>

**Senior Information Resource (SIR)**  
<http://sirnc.org/>

## NURSING HOMES, ASSISTED LIVING, AND REHABILITATION CENTERS

**Abernathy Laurels**  
828-464-8260  
<https://www.abernethylaurels.org/>

**Brian Center Health and Rehabilitation — East Hickory**  
828-322-3343  
<https://www.savaseniorcare.com/brian-center-health-rehabilitation-hickory-east>

**Brian Center Health and Rehabilitation — Viewmont,**  
828-328-5646  
<https://www.savaseniorcare.com/brian-center-health-and-rehabilitation-hickory-viewmont>

**Brookdale Hickory Northeast**  
828-214-5607  
<https://www.brookdale.com/en/communities/brookdale-hickory-northeast/details.html>

**Carillion Assisted Living**  
828-466-7474  
<https://www.carillonassistedliving.com/>

**Conover Nursing and Rehabilitation Center**  
828-695-8282  
<https://www.conovernursingandrehab.com/>

**Kingston Residence of Hickory**  
828-392-8425  
<https://kingstonhealthcare.com/communities/kingston-residence-of-hickory>

**Trinity Ridge**  
828-322-6995  
<http://trinityridge.net/>

## HOME HEALTH SERVICES

**Bayada**  
828-328-3100  
<https://www.bayada.com/>

**Best Care Home Health Services**  
828-304-8280

**Comfort Keepers in Home Care**  
828-202-3009  
<https://www.comfortkeepers.com/offices/north-carolina/hickory>

**Guardian Health Services**  
828-324-3025

**Home Instead Senior Care**  
828-256-0184 <https://www.homeinstead.com/>

**Interim Home HealthCare**  
828-324-2121  
<https://www.interimhealthcare.com/hickorync/home/>

**Kindred at Home**  
828-328-1871  
<https://www.kindredhealthcare.com/locations/home-health/hickory-nc-5061>

**PALLIATIVE CARE**  
**Carolina Caring**  
828-466-0466  
<https://www.carolinacaring.org/>  
**The Carolinas Center — Resources for Palliative, Hospice, and End of Life Care**  
1-800-662-8859  
<http://cchospice.org/resources/>

**BEHAVIORAL HEALTH COUNSELING**  
**Catawba Valley Behavioral Healthcare**  
828-695-5900  
<https://www.cvbh.org/>

**Children’s Advocacy and Protection Center of Catawba Valley**  
828-465-9296  
<http://catawbacountycapc.org/capc/>

**Cornerstone Counseling Center**  
828-322-4941  
<https://cornerstonecounselingnc.org/>

**Crossroads Counseling Center**  
828-327-6633  
<https://crossroadscounseling.org/>

**Family Guidance Center**  
828-322-1400  
<https://www.fgcservices.com/>

**Family NET of Catawba County**  
828-695-6500  
<http://www.catawbacountync.gov/county-services/social-services/family-net-clinical-services/about-family-net/>

**New Directions**  
828-267-1740  
<https://www.newdirectionscs.com/>

**Partners Behavioral Health Management**  
828-327-2595 or 1-877-864-1454  
<https://www.partnersbhm.org/>

**The Counseling Group**  
828-322-8736  
<https://www.thecounselinggroup.com/>

**SUICIDE PREVENTION**  
**National Suicide Prevention Lifeline**  
1-800-273-8255  
<https://suicidepreventionlifeline.org/>

**CRISIS ASSISTANCE**  
**Catawba County Social Services — Child Support**  
828-695-4405  
<http://www.catawbacountync.gov/county-services/social-services/family-support-services/child-support/>

**Catawba County Social Services — Work First Family Assistance**  
828-695-5600  
<http://www.catawbacountync.gov/county-services/social-services/family-support-services/work-first/>

**Christian Community Outreach Ministries**  
828-328-1803  
<https://www.ccomhickory.org/>

**Eastern Catawba Cooperative Christian Ministry**  
828-465-1702  
<https://www.ecccm.org/>

**Family Care Center of Catawba Valley**  
828-324-9917  
<https://www.familycare-center.org/>

**Family Guidance Center**  
828-322-1400  
<https://www.fgcservices.com/>

**Greater Hickory Cooperative Christian Ministry**  
828-327-0979  
<https://www.ccmhickory.com/>

**Legal Aid of North Carolina**  
1-800-849-5195 or 1-866-219-5262  
<http://www.legalaidnc.org/>

**North Carolina Department of Health and Human Services — Low Income Energy Assistance Program (LIEAP)**  
828-465-1702  
<https://www.ncdhhs.gov/assistance/low-income-services/low-income-energy-assistance>

**North Carolina Healthy Homes**  
919-966-3746  
<http://nchealthyhomes.com/countyresources/>

**North Carolina Lawyer Referral Services**  
1-800-662-7660  
<https://www.ncbar.org/public-resources/lawyer-referral-service/>

**Safe Harbor**  
828-326-7233  
<https://www.safeharbornc.org/>

**Salvation Army**  
828-322-8061  
<https://www.salvationarmycarolinas.org/hickory/>

**United Way Volunteer Center**  
828-324-4357 or 828-327-6851  
<http://www.ccunitedway.com/>

**Women's Resource Center**  
828-322-6333  
<https://www.wrchickory.org/>

## **EDUCATION**

### **HEALTH PROGRAMMING**

**Catawba County Cooperative Extension**  
828-465-8240  
<https://catawba.ces.ncsu.edu/>

**Catawba Valley Health System Health First Center**  
828-485-2300  
<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Health-First-Center.aspx>

**Council on Adolescents**  
828-322-4591  
<https://www.coacatawba.org/>

**YMCA of Catawba Valley**  
828-324-2858  
<https://www.ymcacv.org/>

**Solmaz Institute — Lenoir-Rhyne University**  
828-328-7886  
<https://www.lr.edu/academics/centers-and-institutes/solmaz-institute>

### **HIGHER EDUCATION AND CAREER RESOURCES**

**Catawba Valley Community College**  
828-327-7000  
<http://www.cvcc.edu/>

**Job Corps**  
828-862-6100  
<https://schenck.jobcorps.gov/>

**K-64**  
828-327-7000  
[http://www.cvcc.edu/About\\_Us/K64.cfm](http://www.cvcc.edu/About_Us/K64.cfm)

**Lenoir-Rhyne University**  
828-328-1741  
<https://www.lr.edu/>

### **PUBLIC SCHOOLS**

**Catawba County Schools**  
828-464-8333  
<https://www.catawbaschools.net/>

**Hickory Public Schools**  
828-322-2855  
<http://www.hickoryschools.net/>

**Newton-Conover City Schools**  
828-464-3191  
<https://www.newton-conover.org/>

**Catawba County Library Tutoring and Learning Resources**  
828-465-8664  
<http://www.catawbacountync.gov/county-services/library/>

**Patrick Beaver Library Learning Resource Center**  
828-624-2012  
<https://patrickbeaverlrc.org/>

**Centro Latino Tutoring Program**  
828-330-0477  
<https://www.centrolatinohickory.com/>

## **ENVIRONMENTAL HEALTH**

**Catawba County Cooperative Extension — Pest Management**  
828-465-8240  
<https://catawba.ces.ncsu.edu/>

**Catawba County Public Health — Environmental Health**  
828-465-8270  
<http://www.catawbacountync.gov/county-services/environmental-health/>

**North Carolina Department of Health and Human Services — Radon Program**  
828-712-0972  
[http://www.ncradon.org/Contact\\_NC\\_Radon\\_.html](http://www.ncradon.org/Contact_NC_Radon_.html)

## **INJURIES AND VIOLENCE INJURY PREVENTION AND SERVICES**

**Catawba Valley Medical Center — Sports Medicine Program**  
828-326-2272  
<https://www.catawbavalleyhealth.org/Medical-Center/Services/Rehabilitation/Sports-Medicine.aspx>

**FryeCare Sports Medicine and Concussion Clinic**  
828-485-3004  
<https://www.fryecarephysicians.com/our-practices/fryecare-sports-medicine-and-concussion-clinic>

**Safe Kids Catawba County**  
828-485-2300 x 6206  
<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Health-First-Center/Safe-Kids-Catawba-County.aspx>

## **DOMESTIC VIOLENCE**

**Family Guidance Center**  
828-322-1400  
<https://www.fgcservices.com/>

**Safe Harbor**  
828-326-7233  
<https://www.safeharbornc.org/>

**Women’s Resource Center**  
828-322-6333  
<https://www.wrchickory.org/>

**POISON CONTROL**  
**North Carolina Poison Control**  
1-800-222-1222  
<https://www.ncpoisoncontrol.org/>

**HOUSING**

**SHELTERS**  
**Life House**  
828-575-6088  
<https://www.lifehousenc.org/>

**Salvation Army**  
828-322-8061  
<https://www.salvationarmycarolinas.org/hickory/>

**HOUSING RESOURCES**  
**City of Hickory Housing Authority**  
828-328-5373  
<http://hickoryhousing.org/>

**Exodus Homes**  
828-324-4870  
<http://www.exodushomes.org/>

**Family Care Center of Catawba Valley**  
828-324-9917  
<https://www.familycare-center.org/>

**Safe Harbor**  
828-326-7233  
<https://www.safeharbornc.org/>

**Western Piedmont Council of Governments Regional Housing Authority**  
828-485-4224 or 828-322-9191  
<http://www.wpcog.org/regional-housing-authority>

**FOOD ASSISTANCE**

**Catawba County Public Health — Women, Infants and Children (WIC)**  
828-695-5884  
<http://www.catawbacountync.gov/county-services/public-health/service-areas/women-infants-and-children-wic/>

**Catawba County Social Services — Food & Nutrition Services**  
828-695-5800  
<http://www.catawbacountync.gov/county-services/social-services/family-support-services/food-nutrition-services/>

**Catawba County Social Services — Meals on Wheels**  
828-695-5610  
<http://www.catawbacountync.gov/county-services/social-services/senior-nutrition-services/meals-on-wheels/>

**FARMERS MARKETS**

**Conover Farmers Market**  
<https://www.conoverfarmersmarket.org/>

**Hickory Farmers Market**  
828-308-6508  
<http://www.hickoryfarmersmarket.com/>

**Catawba County Public Health Farmers Market**  
828-695-5861  
<http://www.catawbacountync.gov/county-services/public-health/service-areas/public-health-farmers-market/>

**FOOD PANTRIES**

**AIDS Leadership Foothills Area Alliance (ALFA)**  
828-322-1447  
<https://www.alfainfo.org/>

**Centro Latino**  
828-330-0477  
<https://www.centrolatinohickory.com/>

**Eastern Catawba Cooperative Christian Ministry**  
828-465-1702  
<https://www.ecccm.org/>

**Greater Hickory Cooperative Christian Ministry**  
828-327-0979  
<https://www.ccmhickory.com/>

**Hickory Church of Christ**  
828-464-4983  
<http://hickorychurch.org/>

**Hickory Soup Kitchen**  
828-327-4828  
<https://hickorysoupkitchen.org/>

**Highland United Methodist Church**  
828-327-8066  
<https://www.highlandumchickory.com/>

**Hopewell United Methodist Church**  
828-478-9625  
<https://sites.google.com/site/hopewellsf/>

**Springs Road Baptist Church**  
828-256-5340  
<http://www.springsroadbaptistchurch.com/>

**St. John's Lutheran Church**  
828-464-4071  
<https://www.stjohnsconover.com/>

**The Corner Table**  
828-464-0355  
<http://www.thecornertable.org/>

## **MINORITY STRESSORS AND DISCRIMINATION**

**CULTURAL RESOURCES**  
**Center for New North Carolinians —  
Immigration Resources**  
336-334-5411  
<https://cnnc.uncg.edu/immigration-services/>

**Centro Latino**  
828-330-0477  
<https://www.centrolatinohickory.com/>

**East Coast Migrant Head Start Project**  
1-800-655-6831  
<http://www.ecmhsp.org/>

**North Carolina Department of Public  
Instruction — English Language  
Development**  
919-307-6685  
<https://sites.google.com/dpi.nc.gov/ncels/home>

**Hmong Carolinas, Inc.**  
828-327-6137  
<http://www.hmongcarolinas.com/>

## **LGBTQ RESOURCES**

**Catawba Valley Pride**  
828-475-5559  
<http://www.catawbavalleypride.org/contacts>

**OUTright Youth**  
828-320-1937  
<https://www.youthoutright.org/>

**PFLAG**  
828-261-6767  
<https://pflag.org/chapter/pflag-hickory>

## **PARENTING AND FAMILY SUPPORT**

**CHILD CARE ASSISTANCE**  
**Catawba County Social Services — Day  
Care Assistance**  
828-695-5600  
<http://www.catawbacountync.gov/county-services/social-services/family-support-services/day-care-assistance/>

**Children's Resource Center**  
828-695-6565 (English) or 828-695-6515 (Spanish)  
<https://childrensresourcecenter.org/>

**Community Schools Program/ Kid  
Connection**  
828-464-9355  
[http://nccscommunity.ss3.sharpschool.com/schools/contact\\_community\\_schools\\_\\_kid\\_connection](http://nccscommunity.ss3.sharpschool.com/schools/contact_community_schools__kid_connection)

## **PARENTING AND FAMILY SUPPORT**

**Catawba County Partnership for  
Children — Parent Helpbook**  
<http://catawbakids.com/parent-helpbook/>

**Catawba County Public Health — Care  
Coordination for Children (CC4C)**  
828-695-5800  
<http://www.catawbacountync.gov/county-services/public-health/service-areas/care-coordination-for-children/>

**ComServ, Inc.**  
828-325-4926  
<https://www.comserve.org/>

**Early Childhood Resource Center**  
828-695-6505  
<https://www.ecresourcecenter.org/>

**Early Head Start**  
828-327 3689  
<https://www.catawbaschools.net/Page/2343>

**Children's Developmental Services  
Agency — Morganton**  
828-433-5171  
<https://bearly.nc.gov/index.php/contact/cdsa>

**Family Builders of Catawba Valley**  
828-465-8901  
<http://www.catawbacountync.gov/county-services/social-services/family-builders/about-family-builders/>

**Family Guidance Center**  
828-322-1400  
<https://www.fgcservices.com/>

**Family NET of Catawba County**  
828-695-6500  
<http://www.catawbacountync.gov/county-services/social-services/family-net-clinical-services/about-family-net/>

**Family Support Network**  
828-256-5202  
<https://www.fsnhope.org/>

**Positive Parenting Program (Triple P)**  
828-695-6565  
<http://www.catawbacountync.gov/county-services/public-health/initiatives-partnerships/positive-parenting-program/>

Parents as Teachers  
828-358-6112  
<https://parentsasteachers.org/>

Safe Kids Catawba County  
828-485-2300 x 6206  
<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Health-First-Center/Safe-Kids-Catawba-County.aspx>

**SUBSTANCE USE**

**HARM REDUCTION**

ALFA — Steve’s Place  
828-999-8744  
<https://www.alfainfo.org/>

Olive Branch Ministry  
828-291-7023  
<https://olivebranchministry.org/>

**TOBACCO CESSATION**

QuitlineNC  
1-800-784-8669  
<https://www.quitlinenc.com/>

Catawba Valley Health System Health  
First Center  
828-485-2300  
<https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Health-First-Center.aspx>

North Carolina Department of Health  
and Human Services — Tobacco  
Prevention and Control Branch  
704-249-5889  
<https://www.tobaccopreventionandcontrol.ncdhhs.gov/about/localpcgroups.htm>

**COUNSELING, TREATMENT AND  
SUPPORT GROUPS**

Alcoholics Anonymous  
<https://www.aa.org/>

Al-Anon  
1-888-425-2666  
<https://al-anon.org/>

Catawba Valley Behavioral Health  
828-695-5900  
<https://www.cvbh.org/>

Catawba Valley Medical Center —  
Psychiatry Services  
828-326-2828,  
<https://www.catawbavalleyhealth.org/Medical-Center/Services/Psychiatry.aspx>

Family NET of Catawba County  
828-695-6500  
<http://www.catawbacountync.gov/county-services/social-services/family-net-clinical-services/about-family-net/>

Exodus Homes  
828-324-4870  
<http://www.exodushomes.org/>

Frye Regional Medical Center —  
Behavioral Health Services  
828-328-2226  
<https://www.fryemedctr.com/our-services/behavioral-health>

Hickory Area Recovery  
<http://hickoryarea-recovery.org/>

Integrated Care of Greater Hickory  
828-322-5915  
<https://www.integratedcarehickory.com/>

McLeod Addictive Disease Center  
828-464-1172  
<https://www.mcleodcenter.com/>

Narcotics Anonymous  
<https://www.na.org/>

Partners Behavioral Health  
Management  
828-327-2595 or 1-877-864-1454  
<https://www.partnersbhm.org/>

Safe Harbor  
828-326-7233  
<https://www.safeharbornc.org/>

SAMHSA (Substance Abuse and Mental  
Health Services Administration) —  
National Helpline  
1-800-662-4357  
<https://www.samhsa.gov/find-help/national-helpline>

The Cognitive Connection  
828-327-6026  
<https://www.thecogcon.com/>

**TRANSPORTATION**

American Cancer Society — Cancer  
Treatment Transportation  
1-800-227-2345  
<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

Catawba County Social Services —  
Medicaid Transportation  
828-695-5608  
<http://www.catawbacountync.gov/county-services/social-services/transportation-services/medicaid-transportation/>

Greenway Public Transportation  
828-464-9444  
<http://www.mygreenway.org/>

Hickory Hop  
828-327-2340  
<https://www.hickoryhop.com/>