

## CCEMS Paramedic Explorers

### Purpose:

The CCEMS Paramedic Explorer program is a great way for students to gain firsthand experience in the medical field. It provides high school students valuable knowledge and skills related to emergency medical care.

Goals- These goals help prepare participants for future careers in healthcare while also contributing to their communities.

- Education and Training- Provide participants with comprehensive knowledge about Emergency Medical Services including first aid, CPR, and basic life support techniques.
- Career Exploration- Allow young people to explore careers in the medical field, particularly in Emergency Medical Services, by offering hands-on experiences and mentorship from professionals.
- Skill Development- Develop important skills such as critical thinking, problem solving, teamwork, and communication, which are essential in emergency situations.
- Community Service- Encourage participants to give back to their community by participating in public service activities and emergency response efforts.
- Leadership and Responsibility- Foster leadership qualities and a sense of responsibility through structures activities and real-life emergency scenarios.

### Participant Requirements:

- 14-18 years old
- High school student or rising freshman
- Maintain at least a B average in all classes (Report cards will be turned in to program coordinator each quarter.)
- 15 service hours will be required. Service hours will be submitted to the program coordinator.
- There is a limit of 20 participants in the program.

### Application Process

- Completed applications will be turned in to the program coordinator.
- A short essay will be included about why they are interested in the program. Things to include may be any personal experiences with EMS and future education and career goals.
- 3 recommendations should be included in the application. Recommendations can be mailed or emailed but should include contact information.

### CCEMS Paramedic Explorers Expectations

- Explorers are expected to conduct themselves in an orderly, professional, and disciplined manner during all functions.
- Portray a positive image of yourself and Catawba County EMS.
- Explorers must follow the direction of EMS staff. This is to ensure safety at all times.

- Maintain at least a B average in all classes (Report cards will be turned in to program coordinator each quarter.)
- 15 service hours will be required. Service hours will be approved by and submitted to the program coordinator.
- Be an active participant in all activities.
- Bring ideas to the group!

#### EMS Staff Expectations

- EMS staff are expected to conduct themselves in an orderly, professional, and disciplined manner during all functions.
- We must have at least 2 EMS employees at all meetings.
- There are to be no one-on-one times between EMS employee and student. This is to protect all parties as well as the integrity of the program.
- EMS employees will be asked to commit to the meetings/events they sign up for. We all have different specialties and strengths and we will use those to make the program great!
- A group will be set up through Code Red to communicate with students. This and email will be the preferred method to communicate with students as it is recorded. Personal texting is inappropriate.

#### Termination

- Explorers can be dismissed from the program at any time for any reason. Some examples of reasons to immediately dismiss include (but are not limited to): failure to maintain a B average, discipline issues at school or at home, being charged with a crime, any social media post that reflects badly on the CCEMS Paramedic Explorers program or Catawba County EMS.
- While professional connections are encouraged, no personal relationships between Explorer and staff will be permitted. This will result in immediate dismissal of both from the program.

#### Operations

The CCEMS Paramedic Explorers program will run much like an EMS shift. Explorers will have the opportunity to earn positions within the program. Explorers interested in holding a leadership position may submit a letter of interest to the program coordinator between October 1<sup>st</sup> and November 1<sup>st</sup> annually. These positions will then be appointed by the EMS staff.

- **Shift Supervisor**-1 position (1 year + experience in the program)  
Responsible for assisting to lead the program in conjunction with the program advisors. In addition, will be responsible for leading the assigned Crew Chiefs and ensuring all required tasks are completed. The Shift Supervisor will also have the responsibility to disseminate information about upcoming events, meetings and tasks to the Crew Chiefs. The Shift Supervisor will lead by example and be a role model to all explorer members.
- **Crew Chiefs**-2 positions (8 months + experience in the program)  
Responsible for leading their assigned crew by communicating upcoming events, meetings and tasks. The Crew Chief will be the “first-line” supervisor for their assigned group. Crew Chiefs will also be responsible for greeting and being the role model for new and current explorers.

- **Logistics Technician**-1 position (6 months + experience in the program)  
Responsible for ensuring equipment, tools, and supplies are well-kept, clean, and maintained. Also, the logistics technician will be responsible to record supplies use, quantity and requests for additional supplies. The logistics technician will assist the advisors with gathering equipment for training, events and for the program.

#### Monthly Meetings

- Meetings will be from 7pm-9pm unless otherwise stated. Explorers are expected to be ready to go at start time.
- If you are unable to be at a meeting, you are expected to notify the program coordinator ahead of time and have an acceptable reason for missing. Early dismissals will not be permitted without parental permission. The parent may contact the program coordinator via phone or email. Explorers will not leave the premises until dismissed.
- To stay in the program, you will be expected to be present for (TBD%) of scheduled events. This will require some time management on your part but it is workable.

#### Uniforms

- CCEMS will issue one shirt to each Explorer. Explorers will be required to purchase black or navy uniform pants, black closed toe shoes or boots, and a black or navy belt.
- Explorers will wear their uniforms to designated events.
- Meeting night attire should conform to the school dress code. Keep in mind that you will be moving around doing skills so dress accordingly.
- Misuse of uniform can result in immediate dismissal.

## 2025 EMS Paramedic Explorer Schedule

January 13, 2025

Getting to know each other, What EMS Does, Communication Skills

February 10, 2025

Ethics, Professional Behavior, Ambulance Operations

March 10, 2025 \*\*Class will start at 6pm\*\*

CPR/AED/1<sup>st</sup> Aid Certification

April 14, 2025

Distracted Driving Presentation

May 12, 2025

Stop the Bleed Certification, Patient Assessment Skills

June 9, 2025

Advanced Skills (IO, Airway, Medication Administration)

July 14, 2025

Patient Movement, Splinting

August 11, 2025

Scenarios

September 8, 2025

Tactical Medical Operations

October 13, 2025

Interview Skills

November 10, 2025

Disaster Preparedness

December 8, 2025

Christmas Party